

EST. 1998

# SALTY DOG

-BAR & BISTRO-



## STARTERS

<b>The Famous Salty Dog King Prawns "Pana"</b> <i>Oyster Sauce, Garlic &amp; Black Bean Sauce, Sizzling Hot Pan &amp; Lime Squeeze (gf)</i>	£9.95
<b>Seared Local Scallops &amp; Crispy Slow Cooked Pork Belly</b> <i>Quince Aioli &amp; Crispy Pork Crackling (gf)</i>	£10.95
<b>Vera Cruz Mexican Prawns</b> <i>Smoked Home Made Chipotle Chilli Sauce, Mango, Coriander &amp; Lime Salsa (gf)</i>	£9.95
<b>Pan Seared Local Hand Dived Scallops - Two Ways</b> <i>Ginger &amp; Spring Onion Sauce - OR - Classic Lemon &amp; Herb Butter (gf)</i>	£10.95
<b>Chilli Salted Calamari</b> <i>Local Asparagus, Crevette, Orzo Salad, Lemon Mustard Dressing</i>	£9.95
<b>Tempura Sole Fillets</b> <i>Jersey Crab, Avocado, Mango &amp; Chilli Salsa</i>	£9.50
<b>Fresh Local Moules</b> <i>Thai Spicy Lime &amp; Coconut Broth - OR - Marinière Garlic, Wine &amp; Cream (gf)</i>	£8.25
<b>Crispy Fried Tiger Prawn &amp; Spiced Crab Bon Bon</b> <i>Sweet Potato Pickle</i>	£9.95
<b>Jersey Crab &amp; Sweet Prawn Risotto Milanese</b> <i>Shellfish Bisque (gf)</i>	£9.50
<b>Classic Lobster &amp; Crab Bisque</b> <i>Rouille, Parmesan Crostini (xg)</i>	£8.95
<b>Carpaccio of Scotch Aberdeen Angus Fillet</b> <i>Rocket, Parmesan &amp; Truffle Oil (gf)</i>	£10.50
<b>Thai Spicy Beef Salad</b> <i>Char-Grilled Beef Fillet, Nam Jhim Dressing, Basil, Mint, Coriander, Bean Sprouts (gf)</i>	£10.50
<b>Duck Liver Parfait</b> <i>Prunes &amp; Armagnac Chutney &amp; Brioche Melba Toast (xg)</i>	£8.75
<b>Crispy Aromatic Duck Salad</b> <i>Beansprouts, Sugar Snaps, Pineapple, Toasted Peanuts &amp; Sesame Seeds, Teriyaki Dressing (gf-n)</i>	£8.50

<b>Salty's Tasting Platter for Two or More</b>	<i>Per Person</i>
<i>Chipotle Chilli King Prawns, Mango, Coriander &amp; Lime Salsa Seared Scallops, Crispy Pork Belly &amp; Quince Aioli Salt Cod Croquette &amp; Salsa Verde Char-Grilled Moroccan Harissa Chicken (gf)</i>	£10.50

PLEASE SEE OUR VEGETARIAN SELECTION FOR MORE STARTERS

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## FROM THE GRILL

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### Char-Grilled Prime Beef Fillet

*Creamed Mascarpone Spinach, Wild Mushroom, Aged Mustard & Black Pepper Sauce*  
*Please choose from the Side Orders for Additional Potato Selection (gf)*

£25.00

### Char-Grilled Prime Irish Sirloin

*Hand Cut Chunky Chips & Salad Bowl (gf)*

£21.00

### Char-Grilled Prime Irish Rib Eye

*Hand Cut Chunky Chips & Salad Bowl (gf)*

£21.00

### Sauces Options to Accompany Char-Grilled Steaks

*Wild Mushroom, Aged Mustard & Black Pepper Sauce (gf)*

£ 2.50

*Au Poivre (gf)*

£ 2.00

### Char Grilled Mini Beef Fillet & Seared King Prawns

*Ginger & Spring Onion, Cracked Black Pepper Sauce, Snow Peas,  
Shitake & Oyster Mushrooms, Jasmine Rice (gf)*

£19.00

### Salty Dog "Reef & Beef"

*Char Grilled Slaney's Prime Irish Sirloin, Seared Scallops & King Prawns,  
Chilli, Garlic, Coriander Butter Sauce, Rice OR Hand Cut Chunky Chips (gf)*

£25.00

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## FROM THE SPICE KITCHEN

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### Balinese Monkfish Tail Curry

*Macadamia Nuts, Turmeric, Cinnamon, Lemongrass  
Naan Bread, Saffron Basmati Rice (n) (gf)*

£17.00

### Sri Lankan Curry

*Chicken, King Prawn OR Both*

*Indian Spiced Pear Chutney, Basmati Rice & Naan Bread (xg)*

£15.00

### Malaysian Penang Curry

*Chicken, King Prawn OR Both*

*Peanut, Coconut, Lemon Grass, Chilli & Jasmine Rice (gf-n)*

£15.00

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*ALL OUR PASTES AND SAUCES ARE AUTHENTIC AND FRESHLY MADE IN OUR KITCHEN*

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## MAIN COURSES

<b>Pan Roasted Line Caught Bass Fillet</b> <i>Chilli, Lime, Coriander, Butter Sauce, Crab &amp; King Prawn Bon Bon, Sauté Greens Jasmine Rice</i>	£20.00
<b>Buttered Brill Fillet</b> <i>Parmesan Croquettes, Mustard Spinach, Lemon &amp; Crab Butter Sauce</i>	£19.50
<b>Black Bream Fillet</b> <i>Shellfish Bisque, Crab &amp; Sweet Prawn Risotto Milanese (gf)</i>	£17.50
<b>Whole Black Bream - Two Ways</b> <i>Wrapped in Banana Leaf Crushed Sea Salt, Roasted, Northern Thai Hot &amp; Sour Sauce, Lime, Coriander, Bean Sprouts, Green Beans, Toasted Crushed Peanuts &amp; Jasmine Rice (gf-n)</i>	£19.50
- OR - <i>Lemon &amp; Chive Herb Butter</i>	
<i>Crushed Sea Salt, Roasted Greens and New Potatoes (gf)</i>	£19.50
<b>Tempura Sole Fillets &amp; Black Tiger Prawn</b> <i>Avocado &amp; Jersey Crab Tian &amp; Mango &amp; Chilli Salsa</i>	£16.50
<b>Really Posh Fish &amp; Chips</b> <i>Tempura Sole &amp; Brill, Hand Cut Chunky Chips, Asparagus &amp; Salsa Verde Tartar Sauce</i>	£15.50
<b>Half Local Lobster &amp; King Prawns - Two Ways</b> <i>Chilli, Garlic &amp; Coriander - OR - Ginger &amp; Spring Onion</i>	
<i>Jasmine Rice - OR - New Potatoes (gf)</i>	£25.00
<b>Salty Dog Sumptuous Surf &amp; Turf</b> <i>Best for Two OR More but Can be Served Individually</i>	
<i>Half Lobster, Scallops, King Prawns, Mini Beef Fillet, Sweet Chilli, Garlic &amp; Coriander Sauce</i>	
<i>Jasmine Rice, New Potatoes - OR - Hand Cut Chunky Chips (gf)</i>	£32.00 (per person)

## SIDE ORDERS

All (gf) except bread

<i>New Potatoes</i>	£3.50	<i>Sauté Shitake &amp; Oyster Mushrooms</i>	£5.00
<i>Frites</i>	£3.50	<i>Sauté Asian Greens</i>	£4.00
<i>Hand Cut Chunky Chips</i>	£3.50	<i>Sauté Sugar Snaps</i>	£3.50
<i>Parmesan &amp; Truffle Oil Hand Cut Chips</i>	£4.25	<i>Buttered Vegetables</i>	£3.00
<i>Lyonnaise Potatoes</i>	£4.50	<i>Rocket Leaf &amp; Tomato Salad</i>	£3.50
<i>Sauté Potatoes</i>	£4.50	<i>Side Salad Bowl</i>	£3.50
<i>Rice</i>	£3.00	<i>Additional Bread</i>	£1.50

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## VEGETARIAN SELECTION

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STARTER

MAIN

**Twice Baked Gorgonzola Cheese Soufflé**

£8.50

*Rocket, Quince & Apricot Chutney*

**Warm Walnut Crusted Goats Cheese**

£8.50

*Beetroot & Honey Chutney*

**Thai Crispy Salad**

£7.95

*Beansprouts, Sugar Snaps, Pineapple, Basil, Mint, Coriander,  
Toasted Peanuts & Sesame Seeds, Nahm Jim Dressing (gf-n)*

**Shitake & Oyster Mushroom & Spinach Risotto Milanese (gf)**

£7.50

£10.50

**Grilled Haloumi Kebab**

£8.50

£11.50

*Rocket, Char-Grilled Asparagus & Zucchini, Sunblush Tomato, Fig,  
Quince & Apricot Chutney (gf)*

**Warm Honey Roasted Squash and Feta Cheese Salad**

£8.95

£11.50

*Beetroot & Honey Chutney and Toasted Soy Seeds (gf-n)*

**Vietnamese Hot & Sour Vegetable Broth**

£9.50

£12.00

*Glass Noodles, Pak Choi Leaves, Sugar Snaps, Peppers & Shitake Mushrooms  
Spicy Kaffir Leaf Bouillon & Chopped Coriander (gf)*

*(A small amount of fish stock is required for authenticity of flavour for this dish)*

**Balinese Curry**

£12.00

*Squash, Mushrooms, Snow Peas, Green Beans & Pak Choi, Holly Basil, Chilli,  
Lime Leaf & Jasmine Rice (gf)*

**Malaysian Penang Curry**

£12.00

*Potato, Mushrooms Peppers, Pak Choi, Green Beans & Snow Peas  
Peanut, Coconut, Lemon Grass, Chilli, Jasmine Rice (gf-n)*

**Sri Lankan Curry Bowl**

£12.00

*Chick Pea, Potato & Cauliflower & Spinach  
Indian Spiced Pear Chutney, Basmati Rice & Naan Bread (xg)*

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*CUSTOMERS ARE REQUESTED TO ADVISE US OF ANY ALLERGIES TO SPECIFIC FOOD SUBSTANCES.*

*Please note that whilst the utmost care will be taken in the preparation of your meal we cannot guarantee that our food does not contain nuts or gluten.*

*CONTAINS NUTS = (N) GLUTEN FREE = (GF) Dish is GLUTEN FREE EXCLUDING THE GLUTEN BREAD COMPONENT = (XG)*

*PLEASE NOTE FOR PARTIES OF 8 OR MORE AN OPTIONAL 10% SERVICE CHARGE WILL BE ADDED TO THE FOOD AND DRINKS BILL*

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