

EST. 1998

SALTY DOG

-BAR & BISTRO-



STARTERS

The Famous Salty Dog King Prawns "Pana"

Oyster Sauce, Garlic & Black Bean Sauce, Sizzling Hot Pan & Lime Squeeze (gf)

£10.50

Seared Local Scallops & Crispy Slow Cooked Pork Belly

Quince Aioli & Crispy Pork Crackling (gf)

£11.50

Vera Cruz Mexican Prawns

Smoked Home Made Chipotle Chilli Sauce, Mango, Coriander & Lime Salsa (gf)

£10.50

Pan Seared Local Hand Dived Scallops - Two Ways

Ginger & Spring Onion Sauce - OR - Classic Lemon & Herb Butter (gf)

£11.50

Tempura Sole Fillets

Jersey Crab, Avocado, Mango & Chilli Salsa

£10.00

Fresh Local Moules

Thai Spicy Lime & Coconut Broth - OR - Marinière Garlic, Wine & Cream (gf)

£ 9.00

Thai Spicy Beef Salad

Char-Grilled Beef Fillet, Nam Jhim Dressing, Basil, Mint, Coriander, Bean Sprouts (gf)

£11.00

Crispy Aromatic Duck Salad

Beansprouts, Sugar Snaps, Pineapple, Toasted Peanuts & Sesame Seeds, Teriyaki Dressing (gf-n)

£9.50

Chilli Salted Calamari

Local Asparagus, Crevette, Orzo Salad, Lemon Mustard Dressing

£10.50

Salty's Tasting Platter for Two or More

Chipotle Chilli King Prawns, Mango, Coriander & Lime Salsa

Seared Scallops, Crispy Pork Belly & Quince Aioli

Marsala Spiced Indian Aloo Tiki Crab Cake & Date and Tamarind Chutney

Chilli Salted Calamari, Nam Jhim Dipping Sauce

Per Person £11.00

PLEASE SEE OUR VEGETARIAN SELECTION FOR MORE STARTERS

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FROM THE GRILL

Char-Grilled Prime Beef Fillet

Creamed Mascarpone Spinach, Wild Mushroom, Aged Mustard & Black Pepper Sauce

£26.50

Please choose from the Side Orders for Additional Potato Selection (gf)

Char-Grilled Prime Irish Sirloin

Hand Cut Chunky Chips & Salad Bowl (gf)

£22.50

Sauce Options to Accompany Char-Grilled Steaks

Wild Mushroom, Aged Mustard & Black Pepper Sauce (gf)

£ 3.00

Au Poivre (gf)

£ 3.00

Char Grilled Mini Beef Fillet & Seared King Prawns

Ginger & Spring Onion, Cracked Black Pepper Sauce, Snow Peas,

Shitake & Oyster Mushrooms, Jasmine Rice (gf)

£20.00

Salty Dog "Reef & Beef"

Char Grilled Slaney's Prime Irish Sirloin, Seared Scallops & King Prawns,

Chilli, Garlic, Coriander Butter Sauce, Rice OR Hand Cut Chunky Chips (gf)

£26.50

FROM THE SPICE KITCHEN

Sri Lankan Curry

Chicken, King Prawn, OR Both or Cod

Basmati Rice & Naan Bread (xg)

£16.00

Malaysian Penang Curry

Chicken, King Prawn OR Both

Peanut, Coconut, Lemon Grass, Chilli & Jasmine Rice (gf-n)

£16.00

South Indian Kerala Curry

Cod, Spinach, Tomato, Basmati Rice & Naan Bread (xg)

£16.00

ALL OUR PASTES AND SAUCES ARE AUTHENTIC AND FRESHLY MADE IN OUR KITCHEN

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MAIN COURSES

Pan Roasted Line Caught Bass Fillet

Chilli, Lime, Coriander, Butter Sauce, Scallops, Sauté Greens Jasmine Rice £22.00

Whole Black Bream - Two Ways

*Wrapped in Banana Leaf Crushed Sea Salt, Roasted, Northern Thai Hot & Sour Sauce,
Lime, Coriander, Bean Sprouts, Green Beans, Toasted Crushed Peanuts & Jasmine Rice (gf-n)* £19.50

- OR -

*Lemon & Chive Herb Butter
Crushed Sea Salt, Roasted Greens and New Potatoes (gf)* £19.50

Tempura Sole Fillets & Black Tiger Prawn

Avocado & Jersey Crab Tian & Mango & Chilli Salsa £17.50

Salty Dog Fish & Chips

Tempura Sole & Cod, Hand Cut Chunky Chips, Asparagus & Salsa Verde Tartar Sauce £16.50

Half Local Lobster & King Prawns - Two Ways

*Chilli, Garlic & Coriander - OR - Ginger & Spring Onion
Jasmine Rice - OR - New Potatoes (gf)* £26.50

Salty Dog Sumptuous Surf & Turf

*Best for Two OR More but Can be Served Individually
Half Lobster, Scallops, King Prawns, Mini Beef Fillet, Sweet Chilli, Garlic & Coriander Sauce
Jasmine Rice, New Potatoes - OR - Hand Cut Chunky Chips (gf)* (per person) £33.50

SIDE ORDERS

All (gf) except bread

<i>New Potatoes</i>	£3.70	<i>Sauté Asian Greens</i>	£4.20
<i>Hand Cut Chunky Chips</i>	£3.70	<i>Seasonal Vegetables</i>	£3.15
<i>Parmesan & Truffle Oil Hand Cut Chips</i>	£4.45	<i>Side Salad Bowl</i>	£3.70
<i>Sauté Potatoes</i>	£4.50	<i>Additional Bread</i>	£1.50
<i>Rice</i>	£3.15		

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VEGETARIAN SELECTION

STARTER

MAIN

Warm Walnut Crusted Goats Cheese

£9.50

Beetroot & Honey Chutney

Thai Crispy Salad

£8.50

Beansprouts, Sugar Snaps, Pineapple, Basil, Mint, Coriander,

Toasted Peanuts & Sesame Seeds, Nam Jhim Dressing (gf-n)

Grilled Haloumi Kebab

£9.50

£13.00

Leaves, Char-Grilled Asparagus & Zucchini, Sunblush Tomato, Fig,

Quince & Apricot Chutney, Focacia Croutons (xg)

South Indian Vegetable Kerala Curry

£13.00

Edamame Beans, Pak Choi, Peppers, Mushrooms, Potato & Snow Peas,

Tomato, Curry Leaves, Coriander, Cumin, Jasmine Rice (gf-n)

Malaysian Penang Curry

£13.00

Potato, Mushrooms, Peppers, Pak Choi, Green Beans & Snow Peas

Peanut, Coconut, Lemon Grass, Chilli, Jasmine Rice (gf-n)

Sri Lankan Curry Bowl

£13.00

Chick Pea, Potato & Cauliflower & Spinach

Basmati Rice & Naan Bread (xg)

CUSTOMERS ARE REQUESTED TO ADVISE US OF ANY ALLERGIES TO SPECIFIC FOOD SUBSTANCES.

Please note that allergens such as nuts, gluten, dairy and shellfish are present in our kitchen and we cannot guarantee that they are not present in any of the food we cook.

CONTAINS NUTS = (N)

DISHES WITH NO GLUTEN CONTAINING INGREDIENTS = (GF) Dish is GLUTEN FREE EXCLUDING THE GLUTEN BREAD COMPONENT = (XG)

PLEASE NOTE FOR PARTIES OF 8 OR MORE AN OPTIONAL 10% SERVICE CHARGE WILL BE ADDED TO THE FOOD AND DRINKS BILL
