

# SALTY DOG

- KITCHEN -

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## WINTER HOME DELIVERY SERVICE

FRIDAY - SATURDAY & SUNDAY

*For the best possible quality*

*PRE-ORDERS RECOMMENDED AS AVAILABILITY LIMITED*

*Western Parishes Only*

5.30-8.30pm

October - March

[WWW.FOOD.JE/SALTYDOG](http://WWW.FOOD.JE/SALTYDOG)

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**CUSTOMERS ARE REQUESTED TO ADVISE US OF ANY ALLERGIES TO  
SPECIFIC FOOD SUBSTANCES**

**Please note that allergens such as nuts, gluten, dairy  
and shellfish are present in our kitchen and we  
cannot guarantee that they are not present in any of  
the food we cook.**

CONTAINS NUTS = (N)

DISHES WITH NO GLUTEN CONTAINING INGREDIENTS = (GF)

DISH IS GLUTEN FREE EXCLUDING GLUTEN BREAD COMPONENT = (XG)

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## STARTERS

- Vera Cruz Mexican Prawns**  
*Smoked Home Made Chipotle Chilli Sauce, Mango, Coriander & Lime Salsa (gf)* £10
- Marsala Spiced Indian Aloo Tiki Crab Cake**  
*Date and Tamarind Chutney* £9
- Fresh Local Moules**  
*Thai Spicy Lime & Coconut Broth - OR - Marinière Garlic, Wine & Cream (gf)* £8
- Spicy Asian Beef Salad**  
*Char-Grilled Beef Fillet, Nam Jhim Dressing, Basil, Mint, Coriander, Bean Sprouts (gf)* £11
- Crispy Aromatic Duck Salad**  
*Beansprouts, Sugar Snaps, Pineapple, Peanuts & Sesame Seeds, Teriyaki Dressing (gf-n)* £9
- Thai Crispy Salad**  
*Beansprouts, Sugar Snaps, Pineapple, Basil, Mint, Coriander, Toasted Peanuts & Sesame Seeds, Nam Jhim Dressing (gf-n-v)* £8
- Grilled Haloumi Kebab**  
*Leaves, Char-Grilled Asparagus & Zucchini, Sunblush Tomato, Fig, Quince & Apricot Chutney, Focacia Croutons (xg-v)* £9

## MAIN COURSES

- Pan Roasted Line Caught Bass Fillet**  
*Saute Jersey Royals, Jersey Asparagus, Green Beans, Spinach, Grenoble Sauce* £20
- Whole Black Bream - Two Ways**  
*Wrapped in Banana Leaf Crushed Sea Salt, Roasted, Northern Thai Hot & Sour Sauce, Lime, Coriander, Bean Sprouts, Green Beans, Toasted Crushed Peanuts & Jasmine Rice (gf-n)* £18  
- OR -  
*Lemon & Chive Herb Butter*  
*Crushed Sea Salt, Roasted Greens and New Potatoes (gf)* £18
- Char Grilled Mini Beef Fillet & Seared King Prawns**  
*Ginger & Spring Onion, Cracked Black Pepper Sauce Snow Peas, Shitake & Oyster Mushrooms & Jasmine Rice (gf)* £20
- Half Local Lobster & King Prawns - Two Ways**  
*Chilli, Garlic & Coriander - OR - Ginger & Spring Onion*  
*Jasmine Rice—(gf)* £25
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## FROM THE SPICE KITCHEN

### Sri Lankan Curry

*Chicken, King Prawn, OR Both or Cod  
Basmati Rice & Naan Bread (xg)*

£16

### Malaysian Penang Curry

*Chicken, King Prawn OR Both  
Peanut, Coconut, Lemon Grass, Chilli  
& Jasmine Rice (gf-n)*

£16

### South Indian Kerala Curry

*Cod, Spinach, Tomato, Basmati Rice &  
Naan Bread (xg)*

£16

*ALL OUR PASTES AND SAUCES ARE AUTHENTIC AND FRESHLY MADE IN OUR KITCHEN*

## VEGETARIAN SELECTION

### Grilled Haloumi Kebab

*Leaves, Char-Grilled Asparagus & Zucchini,  
Sunblush Tomato, Fig, Quince & Apricot Chutney,  
Focacia Croutons (xg)*

£13

### South Indian Vegetable Kerala Curry

*Edamame Beans, Pak Choi, Peppers, Mushrooms,  
Potato & Snow Peas, Tomato, Curry Leaves,  
Coriander, Cumin, Basmati & Naan Bread (gf-n)*

£13

### Malaysian Penang Curry

*Potato, Mushrooms, Peppers, Pak Choi,  
Green Beans & Snow Peas Peanut, Coconut,  
Lemon Grass, Chilli, Jasmine Rice (gf-n)*

£13

### Sri Lankan Curry

*Chick Pea, Potato & Cauliflower & Spinach  
Basmati Rice & Naan Bread (xg)*

£13

## SALTY PUPPY SELECTION

£6

Pasta & Creamy Tomato Sauce

Battered Fish Goujons with Chunky Chips

Home Made Chicken Popcorn & Chunky Chips

Mild Coconut Chicken Curry & Rice (gf)

## SIDE ORDERS

*New Potatoes* £3

*Sauté Asian Greens* £4

*Side Salad Bowl* £3

*Seasonal Vegetables* £3

*Rice* £3

*Chunky Chips* £3

*Fresh Chilli Pot* £1

## DESSERTS

**Goey Jersey Black Butter & Banana Pudding**

*Clotted Cream*

£7

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## FESTIVE SPECIALS

### STARTERS

- Grilled Harissa Lamb Lollypops** £8.00  
Moroccan Carrot Salad,  
Pomegranate Molasses (gf)
- Crispy Fried Pork & Tiger Prawn Bon Bons** £9.00  
Green Mango & Alfalfa Salad, Nuoc Cham
- Baked Saint Marcellin** £9.00  
Rosemary, Cranberries & Crostini (v)

### MAIN COURSE

- Roast British Turkey** £15.00  
Parmesan Sprouts, Rosemary Glazed  
Carrots and Parsnips , Duck Fat Roast Potatoes,  
Bacon Chipolatas, Cranberry Sauce
- Balinese Monkfish & King Prawn Curry** £15.00  
Macadamia Nuts, Turmeric, Cinnamon,  
Lemongrass Naan Bread,  
Saffron Spiced Basmati (gf) (n)
- Haloumi & Shitake Mushroom Fritters** £13.00  
Esclivada Sauce, New Potatoes & Greens

### DESSERT

- Goey Jersey Black Butter & Banana Pudding**  
& Clotted Cream

Here's a small selection of Specials featuring on our Festive Lunch & Dinner menus throughout December at the restaurant, we hope you enjoy.

## PARTY PLAN

Planning a party? Surprise your guests and let us prepare a special meal for you, whether a big bash or an intimate gathering, book us in advance for that special occasion and we will deliver right to your door. Large numbers can be accommodated, for further details.

Contact Natalie Duffy

**Enquiries : [kitchen@saltydogbistro.com](mailto:kitchen@saltydogbistro.com) or Tel: 747175**