

EST. 1998

SALTY DOG

-BAR & BISTRO-



STARTERS

The Famous Salty Dog King Prawns "Pana"

Oyster Sauce, Garlic & Black Bean Sauce, Sizzling Hot Pan & Lime Squeeze (gf)

£11.00

Seared Local Scallops & Crispy Slow Cooked Pork Belly

Quince Aioli & Crispy Pork Crackling (gf)

£11.50

Vera Cruz Mexican Prawns

Smoked Home Made Chipotle Chilli Sauce, Mango, Coriander & Lime Salsa (gf)

£10.50

Pan Seared Local Hand Dived Scallops - Two Ways

Ginger & Spring Onion Sauce - OR - Classic Lemon & Herb Butter (gf)

£11.50

Salt & Pepper Sole Fillets

Jersey Crab, Avocado, Mango & Chilli Salsa, Nduja & Tomato Relish

£10.00

Fresh Local Moules

Thai Spicy Lime & Coconut Broth - OR - Marinière Garlic, Wine & Cream (gf)

£ 9.50

Thai Spicy Beef Salad

Char-Grilled Beef Fillet, Nam Jhim Dressing, Basil, Mint, Coriander, Bean Sprouts

Green Mango & Coriander Chutney (gf)

£11.50

Crispy Aromatic Duck Salad

Beansprouts, Sugar Snaps, Pineapple, Toasted Peanuts & Sesame Seeds, Teriyaki Dressing (gf-n)

£9.50

Chilli Salted Calamari

Salty's Tasting Platter for Two or More

Chipotle Chilli King Prawns, Mango, Coriander & Lime Salsa

Seared Scallops, Crispy Pork Belly & Quince Aioli

Marsala Spiced Indian Aloo Tiki Crab Cake & Date and Tamarind Chutney

Chilli Salted Calamari, Nam Jhim Dipping Sauce

Per Person £11.00

PLEASE SEE OUR VEGETARIAN SELECTION FOR MORE STARTERS

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FROM THE GRILL

Char-Grilled Prime Beef Fillet

Creamed Mascarpone Spinach, Wild Mushroom, Aged Mustard & Black Pepper Sauce

£27.00

Please choose from the Side Orders for Additional Potato Selection (gf)

Char-Grilled Prime Irish Sirloin

Hand Cut Chunky Chips & Salad Bowl (gf)

£23.00

Sauce Options to Accompany Char-Grilled Steaks

Wild Mushroom, Aged Mustard & Black Pepper Sauce (gf)

£ 3.00

Au Poivre (gf)

£ 3.00

Char Grilled Mini Beef Fillet & Seared King Prawns

Ginger & Spring Onion, Cracked Black Pepper Sauce, Snow Peas,

Shitake & Oyster Mushrooms, Jasmine Rice (gf)

£21.00

Salty Dog "Reef & Beef"

Char Grilled Slaney's Prime Irish Sirloin, Seared Scallops & King Prawns,

Chilli, Garlic, Coriander Butter Sauce, Rice OR Hand Cut Chunky Chips (gf)

£27.00

FROM THE SPICE KITCHEN

Sri Lankan Curry

Chicken, King Prawn, OR Both or Cod

Basmati Rice & Naan Bread (xg)

£16.50

Malaysian Penang Curry

Chicken, King Prawn OR Both

Peanut, Coconut, Lemon Grass, Chilli & Jasmine Rice (gf-n)

£16.50

South Indian Kerala Curry

Cod, Spinach, Tomato, Basmati Rice & Naan Bread (xg)

£16.50

ALL OUR PASTES AND SAUCES ARE AUTHENTIC AND FRESHLY MADE IN OUR KITCHEN

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MAIN COURSES

Pan Roast Local Line Caught Seabass

Sauté Jersey Royals, Jersey Asparagus, Green Beans, Spinach, Salsa Verde (gf)- £22.00

Whole Black Bream - Two Ways

*Wrapped in Banana Leaf Crushed Sea Salt, Roasted, Northern Thai Hot & Sour Sauce,
Lime, Coriander, Bean Sprouts, Green Beans, Toasted Crushed Peanuts & Jasmine Rice (gf-n)* £20.00

- OR -

Lemon & Chive Herb Butter

Crushed Sea Salt, Roasted Greens and New Potatoes (gf) £20.00

Salt & Pepper Sole Fillets & Tempura Black Tiger Prawn

Avocado & Jersey Crab Salad, Mango & Chilli Salsa, Nduja & Tomato Relish £18.00

Salty Dog Fish & Chips

Tempura Sole & Cod, Hand Cut Chunky Chips, Asparagus & Salsa Verde Tartar Sauce £17.00

During the winter months our fabulous Surf and Turf and Half Lobster & King Prawns Dishes are only available by request.

Please mention this to us when booking.

SIDE ORDERS

All (gf) except bread

<i>New Potatoes</i>	£3.70	<i>Sauté Asian Greens</i>	£4.20
<i>Hand Cut Chunky Chips</i>	£3.70	<i>Seasonal Vegetables</i>	£3.15
<i>Parmesan & Truffle Oil Hand Cut Chips</i>	£4.45	<i>Side Salad Bowl</i>	£3.70
<i>Sauté Potatoes</i>	£4.50	<i>Additional Bread</i>	£1.50
<i>Rice</i>	£3.15		

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VEGETARIAN SELECTION

STARTER

MAIN

Warm Walnut Crusted Goats Cheese

£9.50

Beetroot & Honey Chutney

Thai Crispy Salad

£8.50

*Beansprouts, Sugar Snaps, Pineapple, Basil, Mint, Coriander,
Toasted Peanuts & Sesame Seeds, Nam Jhim Dressing (gf-n)*

Grilled Haloumi

£9.75

£13.00

*Leaves, Char-Grilled Asparagus & Zucchini, Sunblush Tomato,
Quince & Apricot Chutney, Focacia Croutons (xg)*

South Indian Vegetable Kerala Curry

£13.50

*Edamame Beans, Pak Choi, Peppers, Mushrooms, Potato & Snow Peas,
Tomato, Curry Leaves, Coriander, Cumin, Jasmine Rice (gf-n)*

Malaysian Penang Curry

£13.50

*Potato, Mushrooms, Peppers, Pak Choi, Green Beans & Snow Peas
Peanut, Coconut, Lemon Grass, Chilli, Jasmine Rice (gf-n)*

Sri Lankan Curry Bowl

£13.50

*Chick Pea, Potato & Cauliflower & Spinach
Basmati Rice & Naan Bread (xg)*

CUSTOMERS ARE REQUESTED TO ADVISE US OF ANY ALLERGIES TO SPECIFIC FOOD SUBSTANCES.

Please note that nuts, gluten, dairy, shellfish and other allergens are present in our kitchen. We cannot guarantee that they are not present in any of the food we cook.

IF YOUR ALLERGY IS SO SEVERE AS TO CAUSE YOU DISCOMFORT OR HARM, PLEASE DO NOT EAT OUR FOOD.

CONTAINS NUTS = (n) DISHES WITH NO GLUTEN CONTAINING INGREDIENTS = (gf)

DISH IS GLUTEN FREE EXCLUDING THE GLUTEN BREAD COMPONENT = (xg)

PLEASE NOTE FOR PARTIES OF 8 OR MORE AN OPTIONAL 10% SERVICE CHARGE WILL BE ADDED TO THE FOOD AND DRINKS BILL
