

EST. 1998

SALTY DOG

-BAR & BISTRO-



STARTERS

The Famous Salty Dog King Prawns "Pana"	£ 11
Oyster Sauce, Garlic & Black Bean Sauce, Sizzling Hot Pan & Lime Squeeze (gf)	
Seared Local Scallops & Crispy Slow Cooked Pork Belly	£ 11.50
Quince Aioli & Crispy Pork Crackling (gf)	
Vera Cruz Mexican Prawns	£ 10.50
Smoked Home Made Chipotle Chilli Sauce, Mango, Coriander & Lime Salsa (gf)	
Pan Seared Local Hand Dived Scallops - Two Ways	£ 11.50
Ginger & Spring Onion Sauce - OR - Classic Lemon & Herb Butter (gf)	
Tempura Sole Fillets	£ 10
Jersey Crab, Avocado, Mango & Chilli Salsa, Nduja & Tomato Relish	
Thai Spicy Beef Salad	£ 11.50
Char-Grilled Beef Fillet, Nam Jhim Dressing, Basil, Mint, Coriander, Bean Sprouts Green Mango & Coriander Chutney (gf)	
Crispy Aromatic Duck Salad	£ 10
Beansprouts, Sugar Snaps, Pineapple, Toasted Peanuts & Sesame Seeds, Teriyaki Dressing (gf-n)	
Chilli Salted Calamari	£ 10.50
Local Asparagus, Crevettes, Orzo Salad, Lemon Mustard Dressing	

Salty's Tasting Platter for Two or More**Per Person £ 11.50**

Chipotle Chilli King Prawns, Mango, Coriander & Lime Salsa
Seared Scallops, Crispy Pork Belly & Quince Aioli
Marsala Spiced Indian Aloo Tiki Crab Cake & Date and Tamarind Chutney
Chilli Salted Calamari , Nam Jhim Dipping Sauce

PLEASE SEE OUR VEGETARIAN SELECTION FOR MORE STARTERS

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FROM THE GRILL

Char-Grilled Prime Beef Fillet	£ 27
Creamed Mascarpone Spinach, Wild Mushroom, Aged Mustard & Black Pepper Sauce	
Please choose from the Side Orders for Additional Potato Selection (gf)	
Char-Grilled Prime Irish Sirloin	£ 24
Hand Cut Chunky Chips & Salad Bowl (gf)	
Sauce Options to Accompany Char-Grilled Steaks	
Wild Mushroom, Aged Mustard & Black Pepper Sauce (gf)	£ 3
Au Poivre (gf)	£ 3
Minute Steak & Gambas	£18 2-4-1
Chilli & Garlic Piri Piri Sauce & Jasmine Rice (gf)	
Char Grilled Mini Beef Fillet & Seared King Prawns	£ 21
Ginger & Spring Onion, Cracked Black Pepper Sauce, Snow Peas, Shitake & Oyster Mushrooms, Jasmine Rice (gf)	
Salty Dog "Reef & Beef"	£ 28
Char Grilled Staney's Prime Irish Sirloin, Seared Scallops & King Prawns, Chilli, Garlic, Coriander Butter Sauce, Rice OR Hand Cut Chunky Chips (gf)	

FROM THE SPICE KITCHEN

Sri Lankan Curry	£ 18 2-4-1
Chicken, King Prawn, OR Both or Cod	
Coconut, Cinnamon, Turmeric, Fennel, Fresh Curry Leaves, Clove, Cardamom, Black Pepper	
Basmati Rice & Naan Bread (xg)	
Malaysian Penang Curry	£ 18 2-4-1
Chicken, King Prawn OR Both	
Peanut, Coconut, Kaffir, Lemon Grass, Cumin, Chilli & Jasmine Rice (gf-n)	
South Indian Kerala Curry	£ 18 2-4-1
Cod, Spinach, Tomato, Curry Leaves, Coriander, Cumin, Basmati Rice & Naan Bread (xg)	

ALL OUR PASTES AND SAUCES ARE AUTHENTIC AND FRESHLY MADE IN OUR KITCHEN

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MAIN COURSES

Pan Roast Seabass	£ 22.50	2-4-1
Chilli, Lime, Coriander, Butter Sauce, Sauté Greens, Jasmine Rice		
Whole Black Bream - Two Ways	£ 22	2-4-1
Wrapped in Banana Leaf Crushed Sea Salt, Roasted, Northern Thai Hot & Sour Sauce, Lime, Coriander, Bean Sprouts, Green Beans, Toasted Crushed Peanuts & Jasmine Rice (gf-n)		
- OR -		
Lemon & Chive Herb Butter	£ 22	
Crushed Sea Salt, Roasted Greens and New Potatoes (gf)		
Tempura Sole Fillets & Tempura Black Tiger Prawn	£ 18	2-4-1
Avocado & Jersey Crab Salad, Mango & Chilli Salsa, Nduja & Tomato Relish		
Salty Dog Fish & Chips	£18	2-4-1
Tempura Sole & Cod, Hand Cut Chunky Chips, Asparagus & Salsa Verde Tartar Sauce		
Half Local Lobster & King Prawns - Two Ways	£ 27	
Chilli, Garlic & Coriander - OR - Ginger & Spring Onion		
Jasmine Rice - OR - New Potatoes (gf)		
Salty Dog Sumptuous Surf & Turf	(per person) £ 36	
Best for Two OR More but Can be Served Individually		
Half Lobster, Scallops, King Prawns, Mini Beef Fillet, Sweet Chilli, Garlic & Coriander Sauce		
Jasmine Rice, New Potatoes - OR - Hand Cut Chunky Chips (gf)		

SIDE ORDERS

All **(gf)** except bread

New Potatoes	£3.90	Sauté Asian Greens	£4.35
Hand Cut Chunky Chips	£3.90	Seasonal Vegetables	£3.50
Parmesan & Truffle Oil Hand Cut Chips	£4.65	Side Salad Bowl	£4.00
Sauté Potatoes	£4.65	Rice	£3.25
		Olives	£3.00
Basket of Rustic Bread , Olive Oil, Balsamic Vinegar & Butter	£3.50	Gluten Free Baked Bap Olive Oil, Balsamic Vinegar & Butter	£1.50

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VEGETARIAN SELECTION

STARTER

MAIN

Warm Walnut Crusted Goats Cheese

£ 9.50

Beetroot & Honey Chutney

Thai Crispy Salad

£ 8.50

Beansprouts, Sugar Snaps, Pineapple, Basil, Mint, Coriander,
Toasted Peanuts & Sesame Seeds, Nam Jhim Dressing (gf-n - vegan)

Grilled Haloumi

£ 10

£14 ~~2-4-1~~

Leaves, Char-Grilled Asparagus & Zucchini, Sunblush Tomato,
Quince & Apricot Chutney, Focacia Croutons (xg)

South Indian Vegetable Kerala Curry

£15.50 ~~2-4-1~~

Edamame Beans, Pak Choi, Peppers, Mushrooms, Potato & Snow Peas,
Tomato, Curry Leaves, Coriander, Cumin, Basmati Rice (gf-n - vegan)

Malaysian Penang Curry

£15.50 ~~2-4-1~~

Potato, Mushrooms, Peppers, Pak Choi, Green Beans & Snow Peas
Peanut, Coconut, Lemon Grass, Chilli, Cumin, Jasmine Rice (gf-n - vegan)

Sri Lankan Curry Bowl

£15.50 ~~2-4-1~~

Chick Pea, Potato & Cauliflower & Spinach
Cinnamon, Turmeric, Fennel, Fresh Curry Leaves, Clove, Cardamom, Black Pepper,
Basmati Rice & Naan Bread (xg - vegan)

CUSTOMERS ARE REQUESTED TO ADVISE US OF ANY ALLERGIES TO SPECIFIC FOOD SUBSTANCES.

Please note that nuts, gluten, dairy, shellfish and other allergens are present in our kitchen. We cannot guarantee that they are not present in any of the food we cook.

IF YOUR ALLERGY IS SO SEVERE AS TO CAUSE YOU DISCOMFORT OR HARM, PLEASE DO NOT EAT OUR FOOD.

CONTAINS NUTS = (n) DISHES WITH NO GLUTEN CONTAINING INGREDIENTS = (gf)

DISH IS GLUTEN FREE EXCLUDING THE GLUTEN BREAD COMPONENT = (xg)

PLEASE NOTE FOR PARTIES OF 8 OR MORE AN OPTIONAL 10% SERVICE CHARGE WILL BE ADDED TO THE FOOD AND DRINKS BILL

WIFI PASSWORD = saltydog2019
