

EST. 1998

# SALTY DOG

-BAR & BISTRO-



## STARTERS

<b>The Famous Salty Dog King Prawns "Pana"</b>	<b>£ 11</b>
Oyster Sauce, Garlic & Black Bean Sauce, Sizzling Hot Pan & Lime Squeeze (gf)	
<b>Seared Local Scallops &amp; Crispy Slow Cooked Pork Belly</b>	<b>£ 11.50</b>
Quince Aioli & Crispy Pork Crackling (gf)	
<b>Vera Cruz Mexican Prawns</b>	<b>£ 10.50</b>
Smoked Home Made Chipotle Chilli Sauce, Mango, Coriander & Lime Salsa (gf)	
<b>Pan Seared Local Hand Dived Scallops - Two Ways</b>	<b>£ 11.50</b>
Ginger & Spring Onion Sauce - OR - Classic Lemon & Herb Butter (gf)	
<b>Thai Spicy Beef Salad</b>	<b>£ 11.50</b>
Char-Grilled Beef Fillet, Nam Jhim Dressing, Basil, Mint, Coriander, Bean Sprouts Green Mango & Coriander Chutney (gf)	
<b>Crispy Aromatic Duck Salad</b>	<b>£ 10</b>
Beansprouts, Sugar Snaps, Pineapple, Toasted Peanuts & Sesame Seeds, Teriyaki Dressing (gf + n)	
<b>Spiced Indian Aloo Tiki Crab Cakes</b>	<b>£ 10</b>
Date & Tamarind Chutney, Green Mango & Moong Dal Salad (gf)	
<b>Sweet Prawn &amp; Crab Risotto (gf)</b>	<b>£10</b>

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### Salty's Tasting Platter for Two or More

Per Person £ 11.50

Chipotle Chilli King Prawns, Mango, Coriander & Lime Salsa  
Seared Scallops, Crispy Pork Belly & Quince Aioli  
Marsala Spiced Indian Aloo Tiki Crab Cake & Date and Tamarind Chutney  
Wild Mushroom & Tallegio Arancini & Black Garlic

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PLEASE SEE OUR VEGETARIAN SELECTION FOR MORE STARTERS

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## FROM THE GRILL

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<b>Char-Grilled Prime Beef Fillet</b>	<b>£ 27</b>
Creamed Mascarpone Spinach, Wild Mushroom, Aged Mustard & Black Pepper Sauce Please choose from the Side Orders for Additional Potato Selection (gf)	
<b>Char-Grilled Prime Irish Sirloin</b>	<b>£ 24</b>
Hand Cut Chunky Chips & Salad Bowl (gf)	
<b>Sauce Options to Accompany Char-Grilled Steaks</b>	
Wild Mushroom, Aged Mustard & Black Pepper Sauce (gf)	<b>£ 3</b>
Au Poivre (gf)	<b>£ 3</b>
<b>Grilled Mini Beef Fillet &amp; Seared King Prawns</b>	<b>£ 21</b>
Ginger & Spring Onion, Cracked Black Pepper Sauce, Snow Peas, Shitake & Oyster Mushrooms, Jasmine Rice (gf)	
<b>Salty Dog "Reef &amp; Beef"</b>	<b>£ 28</b>
Char Grilled Slaney's Prime Irish Sirloin, Seared Scallops & King Prawns, Chilli, Garlic, Coriander Butter Sauce, Rice OR Hand Cut Chunky Chips (gf)	

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## FROM THE SPICE KITCHEN

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<b>Sri Lankan Curry</b>	<b>£ 18</b>
Chicken, King Prawn, OR Both or Cod Coconut, Cinnamon, Turmeric, Fennel, Fresh Curry Leaves, Clove, Cardamom, Black Pepper Basmati Rice & Naan Bread (xg)	
<b>Malaysian Penang Curry</b>	<b>£ 18</b>
Chicken, King Prawn OR Both Peanut, Coconut, Kaffir, Lemon Grass, Cumin, Chilli & Jasmine Rice (gf-n)	
<b>Monkfish &amp; Prawn Kerala Curry</b>	<b>£ 19</b>
Saffron Basmati, Naan Bread (gf-xg)	

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*ALL OUR PASTES AND SAUCES ARE AUTHENTIC AND FRESHLY MADE IN OUR KITCHEN*

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## MAIN COURSES

<b>The Salty Dog Beef Stroganoff</b>	<b>£ 19</b>
Jasmine Rice	
or - Hand Cut Chips	<b>£ 20</b>
or - Hand Cut Truffle Chips	<b>£ 21</b>
 <b>Whole Black Bream - Two Ways</b>	 <b>£ 22</b>
Wrapped in Banana Leaf Crushed Sea Salt, Roasted, Northern Thai Hot & Sour Sauce, Lime, Coriander, Bean Sprouts, Green Beans, Toasted Crushed Peanuts & Jasmine Rice (gf-n)	
- OR -	
Lemon & Chive Herb Butter	<b>£ 22</b>
Crushed Sea Salt, Roasted Greens and New Potatoes (gf)	
 <b>Pan Roast Seabass</b>	 <b>£ 22.50</b>
Chilli, Lime, Coriander, Butter Sauce, Sauté Greens, Jasmine Rice	
 <b>Half Local Lobster &amp; King Prawns - Two Ways</b>	 <b>£ 27</b>
Chilli, Garlic & Coriander - OR - Ginger & Spring Onion	
Jasmine Rice - OR - New Potatoes (gf)	
 <b>Salty Dog Sumptuous Surf &amp; Turf</b>	 <b>(per person) £ 36</b>
Best for Two OR More but Can be Served Individually	
Half Lobster, Scallops, King Prawns, Mini Beef Fillet, Sweet Chilli, Garlic & Coriander Sauce	
Jasmine Rice, New Potatoes - OR - Hand Cut Chunky Chips (gf)	

## SIDE ORDERS

All (gf) except bread

New Potatoes	<b>£4.00</b>	Sauté Asian Greens	<b>£4.00</b>
Hand Cut Chunky Chips	<b>£4.00</b>	Seasonal Vegetables	<b>£3.50</b>
Parmesan & Truffle Oil Hand Cut Chips	<b>£4.65</b>	Side Salad Bowl	<b>£4.00</b>
Olives	<b>£3.00</b>	Rice	<b>£3.25</b>
Basket of Rustic Bread , Olive Oil, Balsamic Vinegar & Butter	<b>£3.50</b>	Gluten Free Baked Bap Olive Oil, Balsamic Vinegar & Butter	<b>£1.50</b>

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VEGETARIAN SELECTION	STARTER	MAIN
<b>Warm Walnut Crusted Goats Cheese</b> Beetroot & Honey Chutney (n)	£ 9.50	
<b>Wild Mushroom &amp; Tallegio Arancini</b> Quinoa, Pine Nuts & Pickled Pear, Maple Vinaigrette (v + n)	£9.50	
<b>Peruvian Salad</b> Seasonal Leaf, Blackened Sweet-corn, Avocado, Courgettes, Quinoa & Chimichu (gf + vegan)	£ 8.50	
<b>Thai Crispy Salad</b> Beansprouts, Sugar Snaps, Pineapple, Basil, Mint, Coriander, Toasted Peanuts & Sesame Seeds, Nam Jhim Dressing (gf + n + vegan)	£ 8.50	
<b>Wild Mushroom Risotto</b> Truffle Oil Drizzle (gf)	£ 9	£ 14
<b>Grilled Haloumi</b> Leaves, Char-Grilled Asparagus & Zucchini, Sunblush Tomato, Quince & Apricot Chutney, Focacia Croutons (xg)	£ 10	£ 14
<b>Vegan Mushroom Stroganoff</b> Basmati Rice or Upgrade & Indulge swap rice for or - Hand Cut Chips or - Hand Cut Truffle Chips (not vegan)		£ 16 £ 17 £ 18
<b>South Indian Vegetable Kerala Curry</b> Edamame Beans, Pak Choi, Peppers, Mushrooms, Potato & Snow Peas, Tomato, Curry Leaves, Coriander, Cumin, Basmati Rice (gf + n + vegan)		£15.50
<b>Malaysian Penang Curry</b> Potato, Mushrooms, Peppers, Pak Choi, Green Beans & Snow Peas Peanut, Coconut, Lemon Grass, Chilli, Cumin, Jasmine Rice (gf + n + vegan)		£15.50
<b>Sri Lankan Curry Bowl</b> Chick Pea, Potato & Cauliflower & Spinach Cinnamon, Turmeric, Fennel, Fresh Curry Leaves, Clove, Cardamom, Black Pepper, Basmati Rice & Naan Bread (xg - vegan)		£15.50

**CUSTOMERS ARE REQUESTED TO ADVISE US OF ANY ALLERGIES TO SPECIFIC FOOD SUBSTANCES.**

Please note that nuts, gluten, dairy, shellfish and other allergens are present in our kitchen. We cannot guarantee that they are not present in any of the food we cook.

**IF YOUR ALLERGY IS SO SEVERE AS TO CAUSE YOU DISCOMFORT OR HARM, PLEASE DO NOT EAT OUR FOOD.**

CONTAINS NUTS = (n)      DISHES WITH NO GLUTEN CONTAINING INGREDIENTS = (gf)

DISH IS GLUTEN FREE EXCLUDING THE GLUTEN BREAD COMPONENT = (xg)

PLEASE NOTE FOR PARTIES OF 8 OR MORE AN OPTIONAL 10% SERVICE CHARGE WILL BE ADDED TO THE FOOD AND DRINKS BILL

WIFI PASSWORD = saltydog2019