

EST. 1998

SALTY DOG

-BAR & BISTRO-



STARTERS

The Famous Salty Dog King Prawns "Pana"	£ 12
Oyster Sauce, Garlic & Black Bean Sauce, Sizzling Hot Pan & Lime Squeeze ncgi	
Seared Local Scallops & Crispy Slow Cooked Pork Belly	£ 13
Quince Aioli & Crispy Pork Crackling ncgi	
Vera Cruz Mexican Prawns	£ 12
Smoked Homemade Chipotle Chilli Sauce, Lime, Coriander & Mango Salsa ncgi	
Pan Seared Local Hand Dived Scallops - Two Ways	£ 13
Ginger & Spring Onion Sauce - OR - Classic Lemon & Herb Butter ncgi	
Thai Spicy Beef Salad	£ 13
Char-Grilled Beef Fillet, Nam Jhim Dressing, Basil, Mint, Coriander, Beansprouts ncgi	
Crispy Aromatic Duck Salad	£ 11
Beansprouts, Sugar Snaps, Pineapple, Toasted Peanuts & Sesame Seeds, Teriyaki Dressing ncgi + n	
Spiced Indian Aloo Tiki Crab Cakes	£ 11
Date & Tamarind Chutney, Green Mango & Moong Dal Salad	
Sweet Prawn & Crab Risotto ncgi	£11

Salty's Tasting Platter for Two or More	Per Person £ 14
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Chipotle Chilli King Prawns, Mango, Coriander & Lime Salsa **ncgi**
Seared Scallops, Crispy Pork Belly & Quince Aioli **ncgi**
Marsala Spiced Indian Aloo Tiki Crab Cake & Date and Tamarind Chutney
Wild Mushroom & Tallegio Arancini & Black Garlic

PLEASE SEE OUR VEGETARIAN & PLANT BASED SELECTION FOR MORE STARTERS

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THE GRILL

Char-Grilled Prime Beef Fillet £ 31.5

Creamed Mascarpone Spinach, Wild Mushroom, Aged Mustard & Black Pepper Sauce

Please choose from the Side Orders for Additional Potato Selection **ncgi**

Char-Grilled Prime Irish Sirloin £ 27.5

Hand Cut Chunky Chips & Salad Bowl **ncgi**

Sauce Options to Accompany Char-Grilled Steaks

Wild Mushroom, Aged Mustard & Black Pepper Sauce **ncgi** £ 4

Au Poivre **ncgi** £ 4

Grilled Mini Beef Fillet & Seared King Prawns £ 25.5

Ginger & Spring Onion, Cracked Black Pepper Sauce, Snow Peas,

Shitake & Oyster Mushrooms, Jasmine Rice **ncgi**

Salty Dog "Reef & Beef" £ 31.5

Char Grilled Slaney's Prime Irish Sirloin, Seared Scallops & King Prawns,

Chilli, Garlic, Coriander Butter Sauce, Rice OR Hand Cut Chunky Chips **ncgi**

Salty Dog Sumptuous Surf & Turf per person £ 40

Best for Two OR More but Can be Served Individually

Half Lobster, Scallops, King Prawns, Mini Beef Fillet, Sweet Chilli, Garlic & Coriander Sauce

Jasmine Rice, New Potatoes - OR - Hand Cut Chunky Chips **ncgi**

SPICE KITCHEN

Sri Lankan Curry £ 19

Chicken, King Prawn, OR Both or Cod

Coconut, Cinnamon, Turmeric, Fennel, Fresh Curry Leaves, Clove, Cardamom, Black Pepper

Basmati Rice & Naan Bread **gfo**

Malaysian Penang Curry £ 19

Chicken, King Prawn OR Both

Peanut, Coconut, Kaffir, Lemon Grass, Cumin, Chilli & Jasmine Rice **ncgi**

Monkfish & Prawn Kerala Curry £ 21

Saffron Basmati, Naan Bread **gfo**

ALL OUR PASTES AND SAUCES ARE AUTHENTIC AND FRESHLY MADE IN OUR KITCHEN

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SALTY DOG

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MAINS

Whole Black Bream - Two Ways £ 25

Wrapped in Banana Leaf Crushed Sea Salt, Roasted, Northern Thai Hot & Sour Sauce,
Lime, Coriander, Bean Sprouts, Green Beans, Toasted Crushed Peanuts & Jasmine Rice **ncgi + n**

- OR -

Lemon & Chive Herb Butter £ 25

Crushed Sea Salt, Steamed Seasonal Vegetables and New Potatoes **ncgi**

Pan Roast Seabass £ 24

Chilli, Lime, Coriander, Butter Sauce, Sauté Greens, Jasmine Rice **ncgi**

Seabass Fillet & Scallops £ 27

Sweet Prawn & Crab Risotto **ncgi**

Half Local Lobster & King Prawns - Two Ways £ 31

Chilli, Garlic & Coriander - OR - Ginger & Spring Onion

Jasmine Rice - OR - New Potatoes **ncgi**

The Salty Dog Stroganoff **ncgi**

	Beef Stroganoff	"Mr Bee's" Chicken Stroganoff
Jasmine Rice	£ 21	£ 19
or - Hand Cut Chips	£ 22	£ 20
or - Hand Cut Truffle Chips	£ 23	£ 21

SIDE ORDERS

All **ncgi** except bread

New Potatoes	£ 4.5	Sauté Asian Greens	£ 4
Hand Cut Chunky Chips	£ 4.5	Seasonal Vegetables	£ 3.5
Parmesan & Truffle Oil Hand Cut Chips	£ 5	Side Salad Bowl	£ 4
Olives	£ 3	Rice	£ 3
Basket of Rustic Bread , Olive Oil, Balsamic Vinegar & Butter	£ 3.5	Gluten Free Baked Bap Olive Oil, Balsamic Vinegar & Butter	£ 1.5

VEGETARIAN & PLANT BASED SELECTION

STARTER

MAIN

Glazed Goat's Cheese Pear Purée, Beetroot Sponge, Salted Honey Walnuts n + ncgi	£ 11	
Wild Mushroom & Tallegio Arancini Quinoa, Pickled Pear & Maple Vinaigrette n	£ 10	
Tofu Satay Glass Noodle Salad, Nam Jhim Dressing n + pb	£ 9.5	
Thai Crispy Salad Beansprouts, Sugar Snaps, Pineapple, Basil, Mint, Coriander, Toasted Peanuts, Nam Jhim Dressing ncgi + n + pb	£ 8.5	
Salty's Vegetarian Tasting Platter for Two or More	Per Person £ 11	
Tofu Satay n + pb , Glass Noodle Salad, Nam Jhim Dressing , Cajun Cauliflower Bites pb , Pineapple Agrodolce, Club Sauce & Blue Cheese Dressing not pb , Wild Mushroom & Tallegio Arancini , Quinoa, Pickled Pear, Maple Vinaigrette n , Grilled Haloumi Sunblush Tomato, Quince & Apricot Chutney, Focaccia Croutons gfo		
Wild Mushroom Risotto Truffle Oil Drizzle ncgi	£ 10	£ 15
Grilled Haloumi Leaves, Char-Grilled Asparagus & Zucchini, Sunblush Tomato, Quince & Apricot Chutney, Focaccia Croutons gfo	£ 11	£ 15
Mushroom Stroganoff Basmati Rice pb or Upgrade & Indulge swap rice for or - Hand Cut Chips pb or - Hand Cut Parmesan Truffle Chips pb		£ 17 £ 18 £ 19
South Indian Vegetable Kerala Curry Edamame Beans, Pak Choi, Peppers, Mushrooms, Potato & Snow Peas, Tomato, Curry Leaves, Coriander, Cumin, Basmati Rice ncgi + n + pb		£ 17
Malaysian Penang Curry Potato, Mushrooms, Peppers, Pak Choi, Green Beans & Snow Peas Peanut, Coconut, Lemon Grass, Chilli, Cumin, Jasmine Rice ncgi + n + pb		£ 17
Sri Lankan Curry Bowl Chick Pea, Potato & Cauliflower & Spinach Cinnamon, Turmeric, Fennel, Fresh Curry Leaves, Clove, Cardamom, Black Pepper, Basmati Rice & Naan Bread gfo + pb		£ 17

CUSTOMERS ARE REQUESTED TO ADVISE US OF ANY ALLERGIES TO SPECIFIC FOOD SUBSTANCES.

Please note that nuts, gluten, dairy, shellfish and other allergens are present in our kitchen. We cannot guarantee that they are not present in any of the food we cook. Please ask for our Allergens Menu Chart, for a full breakdown of dish ingredients.

VEGETARIAN = **v** PLANT BASED = **pb** CONTAINS NUTS = **n** NOT CONTAINING GLUTEN INGREDIENTS = **ncgi** GLUTEN FREE OPTION = **gfo**

IF YOUR ALLERGY IS SO SEVERE AS TO CAUSE YOU DISCOMFORT OR HARM, PLEASE DO NOT EAT OUR FOOD.

Please note that 10% Service Charge will be added to tables of over 8 on both food and drinks.
