

EST. 1998



# SALTY DOG

-BAR & BISTRO-

## STARTERS

<b>The Famous Salty Dog King Prawns "Pana"</b>	<b>£ 12</b>
Oyster Sauce, Garlic & Black Bean Sauce, Sizzling Hot Pan & Lime Squeeze ncgi - (3 7 8 14)	
<b>Seared Local Scallops &amp; Crispy Slow Cooked Pork Belly</b>	<b>£ 12</b>
Quince Aioli & Crispy Pork Crackling ncgi - (7 8)	
<b>Vera Cruz Mexican Prawns</b>	<b>£ 12</b>
Smoked Homemade Chipotle Chilli Sauce, Lime, Coriander & Mango Salsa ncgi - (3)	
<b>Pan Seared Local Hand Dived Scallops - Two Ways</b>	<b>£ 13</b>
Ginger & Spring Onion Sauce - OR - Classic Lemon & Herb Butter ncgi - (7 8 12 14)	
<b>Thai Spicy Beef Salad</b>	<b>£ 13</b>
Char-Grilled Beef Fillet, Nam Jhim Dressing, Basil, Mint, Coriander, Beansprouts ncgi - (5)	
<b>Crispy Aromatic Duck Salad</b>	<b>£ 12</b>
Beansprouts, Sugar Snaps, Pineapple, Toasted Peanuts & Sesame Seeds, Teriyaki Dressing ncgi - (2 11 12 13)	
<b>Spiced Indian Aloo Tiki Crab Cakes</b>	<b>£ 12</b>
Date & Tamarind Chutney, Green Mango & Moong Dal Salad (2 3 4 5 9)	
<b>Sweet Prawn &amp; Crab Risotto ncgi</b>	<b>£ 12</b>
(3 7)	

Salty's Tasting Platter for Two or More

Per Person **£ 13**

Chipotle Chilli King Prawns, Mango, Coriander & Lime Salsa **ncgi** - (3)  
 Seared Scallops, Crispy Pork Belly & Quince Aioli **ncgi** - (7 8)  
 Marsala Spiced Indian Aloo Tiki Crab Cake & Date and Tamarind Chutney - (2 3 4 5 9)  
 Wild Mushroom & Tallegio Arancini & Black Garlic - (1 2 4 7 9)

PLEASE SEE OUR VEGETARIAN & PLANT BASED VEGAN SELECTION FOR MORE STARTERS

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## THE GRILL

<b>Char-Grilled Prime Beef Fillet</b>	<b>£ 32</b>
Creamed Mascarpone Spinach, Wild Mushroom, Aged Mustard & Black Pepper Sauce Please choose from the Side Orders for Additional Potato Selection <b>ncgi</b> - (7 9 14)	
<b>Char-Grilled Prime Irish Sirloin</b>	<b>£ 28</b>
Hand Cut Chunky Chips & Salad Bowl <b>ncgi</b>	
<b>Sauce Options to Accompany Char-Grilled Steaks</b>	<b>£ 4</b>
Wild Mushroom, Aged Mustard & Black Pepper Sauce <b>ncgi</b> - (7 9 14) Au Poivre <b>ncgi</b> - (7)	
<b>Grilled Mini Beef Fillet &amp; Seared King Prawns</b>	<b>£ 26</b>
Ginger & Spring Onion, Cracked Black Pepper Sauce, Snow Peas, Shitake & Oyster Mushrooms, Jasmine Rice <b>ncgi</b> - (3 7 8 14)	
<b>Salty Dog "Reef &amp; Beef"</b>	<b>£ 32</b>
Char Grilled Staney's Prime Irish Sirloin, Seared Scallops & King Prawns, Chilli, Garlic, Coriander Butter Sauce, Rice OR Hand Cut Chunky Chips <b>ncgi</b> - (3 7 8 14)	
<b>Salty Dog Sumptuous Surf &amp; Turf</b>	<b>per person £ 40</b>
Best for Two OR More but Can be Served Individually Half Lobster, Scallops, King Prawns, Mini Beef Fillet, Sweet Chilli, Garlic & Coriander Sauce Jasmine Rice, New Potatoes - OR - Hand Cut Chunky Chips <b>ncgi</b> - (3 7 8 14)	

## SPICE KITCHEN – *ALL OUR PASTES AND SAUCES ARE AUTHENTIC AND FRESHLY MADE IN OUR KITCHEN*

<b>Sri Lankan Curry</b>	<b>£ 20</b>
Chicken, King Prawn, OR Both Coconut, Cinnamon, Turmeric, Fennel, Fresh Curry Leaves, Clove, Cardamom, Black Pepper Basmati Rice & Naan Bread <b>gfo</b> - chicken (9) king prawn (3 5 9)	
<b>Malaysian Penang Curry</b>	<b>£ 20</b>
Chicken, King Prawn OR Both Peanut, Coconut, Kaffir, Lemon Grass, Cumin, Chilli & Jasmine Rice <b>ncgi</b> - chicken (5 11) king prawn (3 5 11)	
<b>Monkfish &amp; Prawn Kerala Curry</b>	<b>£ 21</b>
Cumin, Caraway, Smoked Paprika, Chilli, Coriander Saffron Basmati, Naan Bread <b>gfo</b> - (5)	

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## MAINS

<b>Whole Black Bream - Two Ways</b>	£ 25
Wrapped in Banana Leaf Crushed Sea Salt, Roasted, Northern Thai Hot & Sour Sauce, Lime, Coriander, Bean Sprouts, Green Beans, Toasted Crushed Peanuts & Jasmine Rice <b>ncgi + n</b> - (5 7 8 11 14)	
OR	
Lemon & Chive Herb Butter	£ 25
Crushed Sea Salt, Steamed Seasonal Vegetables and New Potatoes <b>ncgi</b> - (5 7 14)	
<b>Pan Roast Seabass</b>	£ 25
Chilli, Lime, Coriander, Butter Sauce, Sauté Greens, Jasmine Rice <b>ncgi</b> - (5 7 8 14)	
<b>Seabass Fillet &amp; Scallops</b>	£ 27
Sweet Prawn & Crab Risotto <b>ncgi</b> - (3 5 7)	
<b>Half Local Lobster &amp; King Prawns - Two Ways</b>	£ 31
Chilli, Garlic & Coriander - OR - Ginger & Spring Onion Jasmine Rice - OR - New Potatoes <b>ncgi</b> - (3 7 8 14)	
<b>The Salty Dog Beef Stroganoff</b>	£ 21
Jasmine Rice <b>ncgi</b> - (7 9)	
or - Hand Cut Chips	£ 22
or - Hand Cut Truffle Chips (7)	£ 23

## SIDE ORDERS

All ncgi except bread

New Potatoes (7)	£ 4.5	Sauté Asian Greens (8)	£ 4
Hand Cut Chunky Chips	£ 4.5	Seasonal Vegetables (7)	£ 3
Parmesan & Truffle Oil Hand Cut Chips (7)	£ 5	Side Salad Bowl (9)	£ 4
Olives	£ 3	Rice	£ 3.5
Basket of Rustic Bread , Olive Oil, Balsamic Vinegar & Butter (2 7 10)	£ 3.5	Gluten Free Baked Bap Olive Oil, Balsamic Vinegar & Butter <b>ncgi</b> (7)	£ 1.5

# VEGETARIAN & PLANT BASED SELECTION

STARTER

MAIN

<b>Wild Mushroom &amp; Tallegio Arancini</b> Quinoa, Pickled Pear & Maple Vinaigrette , Garlic Aioli (1 2 4 7 9)	£ 10	
<b>Cajun Cauliflower Bites</b> Pineapple Agrodolce, Club Sauce & Aioli <b>vg</b> - (1 2 9 13)	£ 9	
<b>Tofu Satay</b> Glass Noodle Salad, Nam Jhim Dressing <b>n + vg</b> - (2 11 13)	£ 10	
<b>Thai Crispy Salad</b> Beansprouts, Sugar Snaps, Pineapple, Basil, Mint, Coriander, Toasted Peanuts, Nam Jhim Dressing <b>ncgi + n + vg</b> - (11)	£ 8.5	
<b>Salty's Vegan Tasting Platter for Two or More</b>	<b>Per Person</b> £ 11	
<b>Tofu Satay, Glass Noodle Salad, Nam Jhim Dressing <b>n + vg</b> - (2 11 13)</b> <b>Cajun Cauliflower Bites, Pineapple Agrodolce, Club Sauce &amp; Aioli <b>vg</b> - (1 2 9 13)</b> <b>Chickpea &amp; Sweet Potato Samosas, Alfalfa &amp; Carrot Salad Noac Cham Dressing <b>vg</b> (2 9)</b> <b>Crispy Home Made Katso Spring Rolls, Alfalfa &amp; Carrot Salad &amp; Spiced Raita <b>vg</b> (2 9 13)</b>		
<b>Home Made Jerusalem Artichoke Gnocchi</b> Primavera Sauce, Asparagus, Broad Beans, Peas & Spring Onion, Rocket, Spinach & Parmesan Style Cheese <b>vg</b> - (1 2)		£ 16
<b>Wild Mushroom Risotto</b> Truffle Oil Drizzle <b>ncgi</b> - (1 7)	£ 10	£ 15
<b>Grilled Haloumi</b> Leaves, Char-Grilled Asparagus & Zucchini, Sunblush Tomato, Quince & Apricot Chutney, Focaccia Croutons <b>gfo</b> - (2 7 9)	£ 11	£ 15
<b>Mushroom Stroganoff <b>vg</b> - (1 9 14)</b> Basmati Riceor Upgrade & Indulge swap rice for or - Hand Cut Chips <b>vg</b> or - Hand Cut Parmesan Truffle Chips <b>vg</b> <b>vegan cheese available on request</b> (7)		£ 17 £ 18 £ 19
<b>South Indian Vegetable Kerala Curry</b> Edamame Beans, Pak Choi, Peppers, Mushrooms, Potato & Snow Peas, Tomato, Curry Leaves, Coriander, Cumin, Basmati Rice <b>ncgi + n + vg</b>		£ 18
<b>Malaysian Penang Curry</b> Potato, Mushrooms, Peppers, Pak Choi, Green Beans & Snow Peas Peanut, Coconut, Lemon Grass, Chilli, Cumin, Jasmine Rice <b>ncgi + n + vg</b> - (11)		£ 18
<b>Sri Lankan Curry Bowl</b> Chick Pea, Potato & Cauliflower & Spinach Cinnamon, Turmeric, Fennel, Fresh Curry Leaves, Clove, Cardamom, Black Pepper, Basmati Rice & Naan Bread <b>gfo + vg</b> - (9)		£ 18

## CUSTOMERS ARE REQUESTED TO ADVISE US OF ANY ALLERGIES TO SPECIFIC FOOD SUBSTANCES.

Please note that nuts, gluten, dairy, shellfish and other allergens are present in our kitchen. We cannot guarantee that they are not present in any of the food we cook. Please ask for our Allergens Menu Chart, for a full breakdown of dish ingredients.

VEGETARIAN = **v** VEGAN = **vg** CONTAINS NUTS = **n** NOT CONTAINING GLUTEN INGREDIENTS = **ncgi** GLUTEN FREE OPTION = **gfo**

**These allergens are contained in dishes marked with the following codes**

CELERY = 1 GLUTEN = 2 CRUSTACEANS = 3 EGGS = 4 FISH = 5 LUPIN = 6 MILK = 7

MOLLUSC = 8 MUSTARD = 9 NUTS = 10 PEANUTS = 11 SESAME SEEDS = 12 SOYA = 13 SULPHUR DIOXIDE = 14

**IF YOUR ALLERGY IS SO SEVERE AS TO CAUSE YOU DISCOMFORT OR HARM, PLEASE DO NOT EAT OUR FOOD.**

Please note that 10% Service Charge will be added to tables of over 8 on both food and drinks.