

EST. 1998

SALTY DOG

-BAR & BISTRO-



STARTERS

The Famous Salty Dog King Prawns "Pana" £ 12

Oyster Sauce, Garlic & Black Bean Sauce, Sizzling Hot Pan & Lime Squeeze

ncgi - (3 7 8 14)

Seared Local Scallops & Crispy Slow Cooked Pork Belly £ 12

Quince Aioli & Crispy Pork Crackling

ncgi - (7 8)

Vera Cruz Mexican Prawns £ 12

Smoked Homemade Chipotle Chilli Sauce, Lime, Coriander & Mango Salsa

ncgi - (3)

Pan Seared Local Hand Dived Scallops - Two Ways £ 13

Ginger & Spring Onion Sauce - OR - Classic Lemon & Herb Butter

ncgi - (7 8 14)

Thai Spicy Beef Salad £ 13

Char-Grilled Beef Fillet, Nam Jhim Dressing, Basil, Mint, Coriander, Beansprouts

ncgi - (5)

Crispy Aromatic Duck Salad £ 12

Beansprouts, Sugar Snaps, Pineapple, Toasted Peanuts & Sesame Seeds, Teriyaki Dressing

ncgi - (2 11 12 13)

Spiced Indian Aloo Tiki Crab Cakes £ 12

Date & Tamarind Chutney, Green Mango & Moong Dal Salad

(2 3 4 5 9)

Sweet Prawn & Crab Risotto ncgi £ 12

(3 7)

Moules a la Crème £ 12

Garlic, Shallots, Cream, White Wine & Crusty Bread

(7 8)

Salty's Tasting Platter for Two or More

Per Person £ 13

Chipotle Chilli King Prawns, Mango, Coriander & Lime Salsa **ncgi** - (3)

Seared Scallops, Crispy Pork Belly & Quince Aioli **ncgi** - (7 8)

Marsala Spiced Indian Aloo Tiki Crab Cake & Date and Tamarind Chutney - (2 3 4 5 9)

Wild Mushroom & Tallegio Arancini & Black Garlic - (1 2 4 7 9)

PLEASE SEE OUR VEGETARIAN & PLANT BASED VEGAN SELECTION FOR MORE STARTERS

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THE GRILL

Char-Grilled Prime Beef Fillet	£ 32
Creamed Mascarpone Spinach, Wild Mushroom, Aged Mustard & Black Pepper Sauce Please choose from the Side Orders for Additional Potato Selection ncgi - (7 9 14)	
Char-Grilled Prime Irish Sirloin	£ 28
Hand Cut Chunky Chips & Salad Bowl ncgi	
Sauce Options to Accompany Char-Grilled Steaks	£ 4
Wild Mushroom, Aged Mustard & Black Pepper Sauce ncgi - (7 9 14) Au Poivre ncgi - (7)	
Grilled Mini Beef Fillet & Seared King Prawns	£ 26
Ginger & Spring Onion, Cracked Black Pepper Sauce, Snow Peas, Shitake & Oyster Mushrooms, Jasmine Rice ncgi - (3 7 8 14)	
Salty Dog "Reef & Beef"	£ 32
Char Grilled Staney's Prime Irish Sirloin, Seared Scallops & King Prawns, Chilli, Garlic, Coriander Butter Sauce, Rice OR Hand Cut Chunky Chips ncgi - (3 7 8 14)	
Salty Dog Sumptuous Surf & Turf	per person £ 40
Best for Two OR More but Can be Served Individually Half Lobster, Scallops, King Prawns, Mini Beef Fillet, Sweet Chilli, Garlic & Coriander Sauce Jasmine Rice, New Potatoes - OR - Hand Cut Chunky Chips ncgi - (3 7 8 14)	

SPICE KITCHEN — *ALL OUR PASTES AND SAUCES ARE AUTHENTIC AND FRESHLY MADE IN OUR KITCHEN*

Sri Lankan Curry	£ 20
Chicken, King Prawn, OR Both or Cod Coconut, Cinnamon, Turmeric, Fennel, Fresh Curry Leaves, Clove, Cardamom, Black Pepper Basmati Rice & Naan Bread gfo - chicken & cod (5 9) king prawn (3 5 9)	
Malaysian Penang Curry	£ 20
Chicken, King Prawn OR Both Peanut, Coconut, Kaffir, Lemon Grass, Cumin, Chilli & Jasmine Rice ncgi - chicken (5 11) king prawn (3 5 11)	
Monkfish & Prawn Kerala Curry	£ 21
Saffron Basmati, Naan Bread gfo - (5)	

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MAINS

Whole Black Bream - Two Ways		£ 25
Wrapped in Banana Leaf Crushed Sea Salt, Roasted, Northern Thai Hot & Sour Sauce, Lime, Coriander, Bean Sprouts, Green Beans, Toasted Crushed Peanuts & Jasmine Rice ncgi + n - (5 7 8 11 14) - OR - Lemon & Chive Herb Butter		
Crushed Sea Salt, Steamed Seasonal Vegetables and New Potatoes		£ 25
Pan Roast Seabass		£ 25
Chilli, Lime, Coriander, Butter Sauce, Sauté Greens, Jasmine Rice ncgi - (5 7 8 14)		
Seabass Fillet & Scallops		£ 27
Sweet Prawn & Crab Risotto ncgi - (3 5 7)		
Moules a la Crème		£ 18
Garlic, Shallots, Cream, White Wine & Crusty Bread gfo - (7 8)		
Half Local Lobster & King Prawns - Two Ways		£ 31
Chilli, Garlic & Coriander - OR - Ginger & Spring Onion Jasmine Rice - OR - New Potatoes ncgi - (3 7 8 14)		
The Salty Dog Stroganoff		
Beef Stroganoff		"Mr Bee's" Chicken Stroganoff
ncgi - (7 9)		ncgi - (1 7 9)
Jasmine Rice	£ 21	£ 19
or - Hand Cut Chips	£ 22	£ 20
or - Hand Cut Truffle Chips (7)	£ 23	£ 21

SIDE ORDERS

All ncgi except bread

New Potatoes (7)	£ 4.5	Sauté Asian Greens (8)	£ 4
Hand Cut Chunky Chips	£ 4.5	Seasonal Vegetables (7)	£ 3
Parmesan & Truffle Oil Hand Cut Chips (7)	£ 5	Side Salad Bowl (9)	£ 4
Olives	£ 3	Rice	£ 3.5
Basket of Rustic Bread, Olive Oil, Balsamic Vinegar & Butter (2 7 10)	£ 3.5	Gluten Free Baked Bap Olive Oil, Balsamic Vinegar & Butter ncgi (7)	£ 1.5

VEGETARIAN & PLANT BASED SELECTION

STARTER

MAIN

Wild Mushroom & Tallegio Arancini Quinoa, Pickled Pear & Maple Vinaigrette , Garlic Aioli (1 2 4 7 9)	£ 10	
Cajun Cauliflower Bites Pineapple Agrodolce, Club Sauce & Aioli vg - (1 2 9 13)	£ 9	
Tofu Satay Glass Noodle Salad, Nam Jhim Dressing n + vg - (2 11 13)	£ 10	
Thai Crispy Salad Beansprouts, Sugar Snaps, Pineapple, Basil, Mint, Coriander, Toasted Peanuts, Nam Jhim Dressing ncgi + n + vg - (11)	£ 8.5	
Salty's Vegetarian Tasting Platter for Two or More	Per Person £ 11	
Tofu Satay , Glass Noodle Salad, Nam Jhim Dressing n + vg - (2 11 13) Cajun Cauliflower Bites , Pineapple Agrodolce, Club Sauce & Aioli vg - (1 2 9 13) Mushroom & Tallegio Arancini , Quinoa, Pickled Pear, Maple Vinaigrette, Aioli (1 2 4 7 9) Grilled Haloumi Sunblush Tomato, Quince & Apricot Chutney, Focaccia Croutons gfo - (2 7 9)		
Home Made Jerusalem Artichoke Gnocchi Primavera Sauce, Asparagus, Broad Beans, Peas & Spring Onion, Rocket, Spinach & Parmesan Style Cheese vg - (1 2)		£ 16
Wild Mushroom Risotto Truffle Oil Drizzle ncgi - (1 7)	£ 10	£ 15
Grilled Haloumi Leaves, Char-Grilled Asparagus & Zucchini, Sunblush Tomato, Quince & Apricot Chutney, Focaccia Croutons gfo - (2 7 9)	£ 11	£ 15
Mushroom Stroganoff vg - (1 9 14) Basmati Riceor Upgrade & Indulge swap rice for or - Hand Cut Chips vg or - Hand Cut Parmesan Truffle Chips vg vegan cheese available on request (7)		£ 17 £ 18 £ 19
South Indian Vegetable Kerala Curry Edamame Beans, Pak Choi, Peppers, Mushrooms, Potato & Snow Peas, Tomato, Curry Leaves, Coriander, Cumin, Basmati Rice ncgi + n + vg		£ 18
Malaysian Penang Curry Potato, Mushrooms, Peppers, Pak Choi, Green Beans & Snow Peas Peanut, Coconut, Lemon Grass, Chilli, Cumin, Jasmine Rice ncgi + n + vg - (11)		£ 18
Sri Lankan Curry Bowl Chick Pea, Potato & Cauliflower & Spinach Cinnamon, Turmeric, Fennel, Fresh Curry Leaves, Clove, Cardamom, Black Pepper, Basmati Rice & Naan Bread gfo + vg - (9)		£ 18

CUSTOMERS ARE REQUESTED TO ADVISE US OF ANY ALLERGIES TO SPECIFIC FOOD SUBSTANCES.

Please note that nuts, gluten, dairy, shellfish and other allergens are present in our kitchen. We cannot guarantee that they are not present in any of the food we cook. Please ask for our Allergens Menu Chart, for a full breakdown of dish ingredients.

VEGETARIAN = **v** VEGAN = **vg** CONTAINS NUTS = **n** NOT CONTAINING GLUTEN INGREDIENTS = **ncgi** GLUTEN FREE OPTION = **gfo**

These allergens are contained in dishes marked with the following codes

CELERY = 1 GLUTEN = 2 CRUSTACEANS = 3 EGGS = 4 FISH = 5 LUPIN = 6 MILK = 7

MOLLUSC = 8 MUSTARD = 9 NUTS = 10 PEANUTS = 11 SESAME SEEDS = 12 SOYA = 13 SULPHUR DIOXIDE = 14

IF YOUR ALLERGY IS SO SEVERE AS TO CAUSE YOU DISCOMFORT OR HARM, PLEASE DO NOT EAT OUR FOOD.

Please note that 10% Service Charge will be added to tables of over 8 on both food and drinks.