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# ALLERGENS CHART

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EST. 1998

**SALTY DOG**  
-BAR & BISTRO-

With the rise in allergies and the risk they pose to both customers and businesses, we would like to give more information to help you understand our position.

We hand make all our food in our kitchen from an extensive supply of ingredients in all forms, and so all known allergens are present in The Salty Dog kitchen. Human error and or cross contamination is always a risk at any level; from a missed ingredient, a misunderstood instruction, or simply the slightest trace of an allergen on a chopping board, knife or saucepan. We simply do not know the sensitivity or severity of the allergy a customer may have, and it would be irresponsible of us to make a declaration as to the safety of a product, if the outcome may involve severe discomfort or worse.

The safety and welfare of our customers is our absolute priority. Because of the way we make our food, we unfortunately, really have no choice but to say, that if your allergy is so severe as to cause you harm, please do not eat any of our food, as we cannot guarantee that the product you ordered is free from allergens.

Stay safe and if you have a doubt about what is in your food, please do not take the risk.

Please note that nuts, gluten, dairy, shellfish and other allergens are present in our kitchen.  
We cannot guarantee that they are not present in any of the food we cook.  
**IF YOUR ALLERGY IS SO SEVERE AS TO CAUSE YOU DISCOMFORT OR HARM, PLEASE DO NOT EAT OUR FOOD.**

